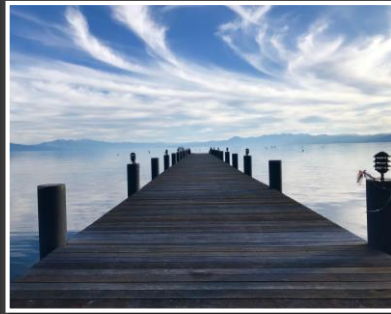




PLACER COUNTY, CALIFORNIA, SHERIFF'S OFFICE

Destination Zero 2018

ABOUT PLACER COUNTY



3



CATALYST EVENT

Detective Michael Davis, Jr.
October 24, 2014

4



BELOW
100

BELOW 100
PROGRAM

5

HOSTED TRAINING FOR THE REGION



THE FIVE TENETS

- Wear Your Belt
- Wear Your Vest
- Watch Your Speed
- WIN ~ What's Important Now?
- Remember ~ Complacency Kills!



6

HIGH-VISIBILITY VEST



7

PAID ON-DUTY WORKOUT PROGRAM

- Staff are allowed one paid hour for a workout, usually at the beginning of their shift
- Annual fitness exams are scheduled, with fasting blood work included. Personal reports on performance and lab results are given to each employee
- The percentage of staff with average to excellent ratings in regards to body fitness, aerobic fitness, core fitness, muscle fitness, and flexibility was much higher in 2017 than when the program began
- Reduction in on-duty injury claims

8

BLUE COURAGE



9



PLACER 10-35 FOUNDATION

10

EMOTIONAL

FAMILY

SPIRITUAL

- Placer County Law Enforcement Chaplaincy
- Placer County Sheriff Peer Support Program
- Placer County Sheriff's Office Spouses' Association

CORE VALUES—FAMILY



KEY TAKEAWAYS

- We started bringing in the programs we have because we wanted to show our support to the staff here and send the message that they are our most important resource
- We also wanted to impress on them a healthy lifestyle to improve morale, lower the amount of workers' compensation claims, and reduce the hours missed at the workplace
- We accomplished this by involving county legal representation, the affected labor unions, risk management, and command staff input