

PWC Employee Health & Wellness Fair

October 24th • 8am-2pm
McCoart/DSB Plaza

Free Resources, Give Aways, Activities and Demos!

- Acupuncture
- Chair Massage
- Bone Density Scan
- Healthy Cooking Demo
- Police vs. Fire Fitness
- Infused Hydration Bar
- And Much More!

**SAVE
THE
DATE**

Visit PWConnects for more updates!



Prince William
County
Health & Wellness
Council

